

Your Complete Kreem Veda Bracelet Guide

Learn how to wear, cleanse, energize, and care for your bracelet the right way.

Thank you for choosing the **Kreem Veda Rudraksha & Sphatik Bracelet**.

This bracelet combines the sacred energy of **Rudraksha** with the pure clarity of **Sphatik (Clear Quartz)**. Together, they are traditionally associated with inner peace, positive energy, mental clarity, spiritual balance, and emotional well-being.

Wear your bracelet with faith, positive thoughts, and a clear intention. Let it remind you each day to stay calm, focused, and connected to your higher purpose.

Best Day to Start Wearing

You may begin wearing your bracelet on **Monday** or **Thursday**, as these days are traditionally considered auspicious.

Before wearing it for the first time:

- Hold the bracelet in your hands.
- Sit quietly for a few moments.
- Say a short prayer or positive affirmation.
- Wear it with gratitude and a peaceful mind.

Which Hand Should You Wear It On?

Left Hand

- Inner peace
- Positive energy
- Mental clarity
- Spiritual growth
- Emotional balance

Right Hand

- Stay focused on your goals
- Express confidence
- Take positive action
- Strengthen discipline
- Share calm and positive energy with others

Choose the hand that feels most comfortable and aligns with your personal intention.

Set Your Personal Intention

Before wearing your bracelet each day, silently repeat a positive intention such as:

"May my mind remain peaceful, my heart stay positive, and my actions bring good into my life."

A sincere intention can help you stay mindful throughout the day.

★ Want to Know What Your Future Says?

As a Kreem Veda customer, you can get a **FREE Personalised 10-Year Kundli & Palm Reading** to gain insights into your career, finances, relationships, strengths, and life opportunities.

Message us on  **kreem_veda** to get your reading!

How to Recharge Your Bracelet

Caring for your bracelet helps keep it meaningful throughout your spiritual journey.

Simple Charging Steps

You may refresh your bracelet's spiritual significance by following these simple steps:

- Keep it in a clean and respectful place when not wearing it.
- Hold the bracelet quietly while offering a short prayer or positive affirmation.
- You may chant "Om Namah Shivaya" or simply focus on your intention.
- Occasionally place it under the soft light of the morning sun for a short time.

Recharge it whenever you feel guided or after emotionally challenging situations.

Things to Avoid

To help maintain your bracelet:

- Avoid exposing it to perfumes, chemicals, or harsh soaps.
- Remove it before swimming or bathing.
- Avoid dropping or hitting it against hard surfaces.
- Store it in a clean, dry place when not in use.
- Treat it with respect and positive intention.

★ Is This Bracelet Suitable for Your Horoscope?

The Rudraksha & Sphatik Bracelet is commonly associated with peace, protection, clarity, positive energy, and spiritual growth.

Many people wear it regardless of their zodiac sign. However, every person has a unique birth chart.

If you would like personalised guidance based on your horoscope, receive your **FREE Personalised 10-Year Kundli & Palm Reading** from the Kreem Veda team.

Message us on  **kreem_veda** to receive your complimentary guidance.

Frequently Asked Questions

Can I wear it every day?

Yes. You may wear it daily with a positive mindset.

Can I wear it while sleeping?

You may, but many people prefer removing it at night for comfort.

Can I wear it with other bracelets?

Yes, if it feels comfortable and meaningful to you.

Can anyone wear this bracelet?

Yes. It is commonly worn by people of all ages and backgrounds.

What if my bracelet breaks?

Many people simply replace it with a new one and continue their positive intentions.

A Secret Most People Never Discover...

Many people wear crystals and spiritual bracelets for years without knowing whether they are actually wearing the ones that best suit their personal energy.

Your birth chart and palm can provide deeper insights into your natural strengths, life path, and the spiritual combinations that may be most suitable for you.

Receiving personalised guidance can help you make more informed choices for your spiritual journey.



Complimentary Guidance for Kreem Veda Customers

As a thank you for choosing Kreem Veda, we offer you a **FREE Personalised 10-Year Kundli & Palm Reading.**

Simply message us on  **kreem_veda** with:

- Your name
- Date of birth
- Time of birth (if known)
- Place of birth
- A clear photo of your palm (optional)

Our team will prepare your complimentary personalised report to help you better understand your unique life journey.

Thank you for being part of the Kreem Veda family. We wish you love, peace, happiness and positivity in every step of your journey.

Your Complete Kreem Veda Bracelet Guide

Learn how to wear, cleanse, energize, and care for your bracelet the right way.

Thank you for choosing the **Kreem Veda Pyrite Bracelet**.

Pyrite is known as the **Stone of Wealth, Confidence, and Success**. It is believed to attract abundance, boost confidence, and support personal and financial growth.

Wear your bracelet with faith and a positive mindset as a daily reminder to stay focused and welcome new opportunities.

Best Day to Start Wearing

You can start wearing your Pyrite Bracelet on any day with a positive mindset.

Many people also choose to wear it for the first time on:

- Thursday - for prosperity and growth
- Sunday - for confidence and success

Before wearing it:

- Hold the bracelet in your hands.
- Think about your goal or intention.
- Wear it with faith and a positive mindset

Which Hand Should You Wear It On?

Left Hand

- Wealth and abundance
- New opportunities
- Positive energy
- Financial growth
- Good luck

Right Hand

- Take confident action
- Build leadership qualities
- Stay motivated
- Improve decision-making
- Achieve career or business goals

Choose the hand that feels most comfortable and matches your personal intention.

Set Your Personal Protection Intention

Before wearing your bracelet, say a simple positive affirmation.

Example:

"I welcome wealth, success, confidence, and new opportunities into my life."

Repeat it 3 times with faith and a positive mindset.

This simple daily practice helps you stay focused on your goals.

★ Want to Know What Your Future Says?

As a Kreem Veda customer, you can get a **FREE Personalised 10-Year Kundli & Palm Reading** with spiritual guidance to better understand your career path, opportunities, strengths, and future possibilities.

Message us on  **kreem_veda** to get your reading!

How to Recharge Your Bracelet

Many people like to cleanse and recharge their bracelet regularly to maintain a positive spiritual connection.

Simple Charging Steps

- Place it on a Selenite plate overnight.
- Keep it near incense or dhoop for a few minutes.
- Leave it under early morning sunlight for a short time (avoid strong afternoon sun).
- Hold it while offering a short prayer or positive affirmation.

Recharge your bracelet whenever it no longer feels as uplifting as before, or at least once every month.

Things to Avoid

To help keep your bracelet in good condition:

- Avoid harsh chemicals and perfumes.
- Remove it before swimming or bathing.
- Avoid dropping it on hard surfaces.
- Store it in a clean, dry place when not in use.
- Remember that your mindset and actions are just as important as wearing the bracelet.

★ Is This Bracelet Suitable for Your Horoscope?

Pyrite is commonly associated with prosperity, confidence, protection, motivation, and success. Many people wear it regardless of their zodiac sign. However, every individual has a unique birth chart.

If you would like to know whether **Pyrite** is the most suitable crystal for you, our team can provide personalised guidance based on your horoscope with a **FREE Personalised 10-Year Kundli & Palm Reading**.

Message us on  **kreem_veda** to get your FREE personalized reading!

Frequently Asked Questions

How long should I wear my bracelet each day?

You can wear it daily for as long as you feel comfortable.

Can I wear it while sleeping?

Yes, although many people prefer removing jewellery while sleeping for comfort.

Can I wear it with other crystal bracelets?

Yes. Pyrite is commonly paired with bracelets associated with abundance, confidence, and positive energy.

How often should I recharge it?

About once a month, or whenever you feel it needs refreshing.

Does it work instantly?

Crystals are traditionally used as spiritual tools to support positive intentions. Results vary from person to person and should be combined with consistent effort and a positive mindset.

A Secret Most People Never Discover...

Many people wear crystal bracelets for years without knowing whether they are actually wearing the crystal that best matches their birth chart and life goals. Choosing the right crystal based on your horoscope can help you make a more meaningful and personalised choice.



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