

Your Complete Kreem Veda Bracelet Guide

Learn how to wear, cleanse, energize, and care for your bracelet the right way.

Thank you for choosing the **Kreem Veda Lapis Lazuli Bracelet**.

Your bracelet is more than just beautiful jewellery. Lapis Lazuli has been treasured for centuries as the **Stone of Wisdom, Truth, and Inner Strength**. It is believed to encourage clear thinking, confident communication, self-awareness, and better decision-making while helping you stay calm and focused.

Wear it with faith, positive intentions, and consistent action to invite clarity and confidence into your life.

Best Day to Start Wearing

You can start wearing your bracelet on Monday, Thursday, or Saturday morning after taking a bath.

- Hold the bracelet in your hands
- close your eyes
- Take a few deep breaths.
- set a positive intention before wearing it.

Which Hand Should You Wear It On?

Left Hand

- Receive wisdom
- Strengthen intuition
- Attract inner peace
- Build self-confidence
- Welcome positive energy

Right Hand

- Improve communication
- Express yourself confidently
- Strengthen leadership
- Take positive action
- Share your positive energy with others

Choose the hand that feels most comfortable and aligns with your personal intention.

Set Your Personal Intention

Before wearing your bracelet, repeat your intention three times.

You may say:

"I welcome wisdom, confidence, clear communication, and positive opportunities into my life."

Your intention helps you stay focused on your personal goals every day.

★ Want to Know What Your Future Says About Your Career & Success?

As a Kreem Veda customer, you can get a **FREE Personalised 10-Year Kundli & Palm Reading** to gain insights into your career, finances, relationships, strengths, and life opportunities.

Message us on  kreem_veda to get your reading!

How to Recharge Your Bracelet

Just like you recharge yourself with rest, your bracelet also benefits from occasional cleansing.

Simple Charging Steps

- Placing it on a Selenite Charging Plate overnight.
- Keeping it under the soft moonlight for a few hours.
- Holding it during meditation while setting a fresh intention.
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Recharge your bracelet once every 2-4 weeks or whenever you feel it needs renewed energy.

Things to Avoid

To help maintain your bracelet's beauty and energy:

- Avoid contact with perfumes, soaps, lotions, and harsh chemicals.
- Remove it before swimming or bathing.
- Do not expose it to prolonged direct sunlight.
- Store it in a clean, safe place when not in use.
- Handle it with care to protect the natural stone.

★ Is This Bracelet Suitable for Your Horoscope?

Every person has a unique birth chart, and crystal suitability can vary from one individual to another.

If you're unsure whether Lapis Lazuli is the right crystal for your horoscope, our team is happy to help.

Message us on  **kreem_veda** for your **FREE 10-Year Kundli & Palm Reading** and discover which crystals may best suit your journey.

Frequently Asked Questions

Can I wear it every day?

Yes. Daily wear is recommended for the best experience.

Can I wear it while sleeping?

Yes, although many people prefer removing jewellery while sleeping for comfort.

Can I wear it with other crystal bracelets?

Yes. Lapis Lazuli pairs well with many other crystals.

What if someone else touches my bracelet?

That's perfectly fine. If you wish, simply recharge it before wearing it again.

How often should I recharge it?

About once every 2-4 weeks, or whenever you feel it needs refreshing.

A Secret Most People Never Discover...

Many people wear crystal bracelets for years without ever knowing whether they are actually wearing the crystal that truly matches their birth chart and life path.

The right crystal can complement your personal journey, while another may simply be beautiful to wear.

That is why understanding your horoscope can make a meaningful difference.



Complimentary Guidance for Kreem Veda Customers

As a thank you for choosing Kreem Veda, we offer you a **FREE Personalised 10-Year Kundli & Palm Reading.**

Simply message us on  **kreem_veda** with:

- Your name
- Date of birth
- Time of birth (if known)
- Place of birth
- A clear photo of your palm (optional)

Our team will prepare your complimentary personalised report to help you better understand your unique life journey.

Thank you for being part of the Kreem Veda family. We wish you love, peace, happiness and positivity in every step of your journey.